

# 2019

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## Easy Read Guide to voting in the General Election



The  
Electoral  
Commission

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# 1

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## What is voting?

This section explains what voting is and how it works

This section will explain what **voting** is and why it's **important**.



People with a learning disability have as much right to vote as anyone else. Don't let anyone else tell you different.

It's important to remember that you must register to vote in order to vote.



The people that run the country are called Members of Parliament.

They make important decisions that can affect people's lives.

For example, the Government makes important decisions that can change:

- Hate crime laws
- How people with a learning disability get support
- How people with a learning disability get healthcare.



Different Members of Parliament have different ideas about the best way to run the country.



Members of Parliament are elected. This means people get to decide which Members of Parliament they would like to run the country.

People call this a general election.

Voting is one of the best ways for people to have their voice heard by people in power. There are lots of political parties. Each party is made up of politicians who agree on how the country should be run.

Politicians are usually part of a political party. There are lots of political parties.

You can also vote for candidates who are not part of a political party. They stand as independent candidates.



In elections people with a learning disability have the same rights to vote as everybody else.



People with a learning disability should vote so they have a say about things that affect their lives.



There will be a General Election happening on **Thursday 12 December 2019** across the UK.

To find out if elections are happening for your local council you can add your postcode to the Electoral Commission website searcher and it will tell you if elections are happening in your area – **[www.electoralcommission.org.uk/i-am-a/voter](http://www.electoralcommission.org.uk/i-am-a/voter)**

In this election you can vote for who you would like to make some of the most important decisions in the country.



People will vote to choose who they would like to be their local Member of Parliament (MP).

MPs make important decisions that affect the whole country. Most MPs are part of a political party.

The party with the highest number of MPs usually forms the Government.

The leader of the winning party then becomes Prime Minister.

## Who can vote in General Elections?

To vote at local elections in England you must be:

- 18 years old or over
- a British or Irish citizen, a qualifying Commonwealth citizen
- resident in the UK

More information on which countries are included within the Commonwealth can be found on the Electoral Commission's voter information website **[www.electoralcommission.org.uk/i-am-a/voter](http://www.electoralcommission.org.uk/i-am-a/voter)**

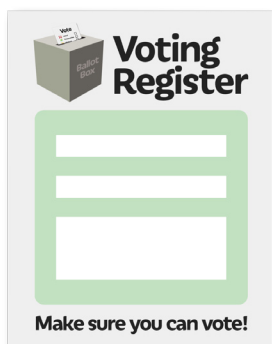


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## Registering to vote

This section explains how you can register to vote



This section explains how to **register to vote**.

**It is important that you register to vote. If you are not registered to vote you won't be able to vote in an election.**

You can find out more about voting on the Mencap website:

**[www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

People living in England can register to vote online at **[www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote)**

An easy read guide is available on the website to help you complete the form.



For the General Election you need to register by **26 November**.

**You need to register to vote every time you move home.**

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**

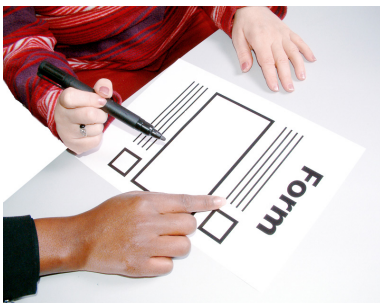


**There are three ways you can vote and you should pick the one that works best for you.**

**At a polling station** - Before an election you will be posted a poll card. Your poll card will tell you where your polling station is. Your local polling station is where you can vote in person. Polling stations are often at churches, community centres and schools. However they can be in all sorts of places.



**By post** - If you want to vote by post you will need to contact your local electoral services team who will send you a form. You should fill out the postal vote application form and send it back to your local electoral services team. Before elections, you will receive a ballot paper in the post.



**By proxy** - Voting by proxy means choosing someone else to vote for you. You need to fill in a new form to choose who will vote for you. This person can visit a polling station or apply for a postal vote in order to vote on your behalf.

## **Need help?**

You can find out more about voting on the Mencap website:

**[www.mencap.org.uk/get-involved/  
campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

If you have any questions you can call the Mencap election hotline on **0207 696 6009**.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**

# 3

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## Voting by post

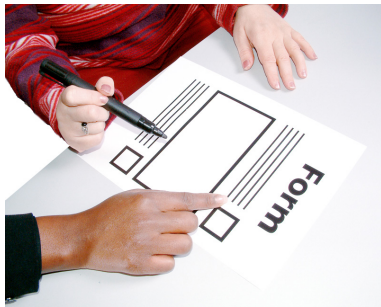
This section explains how you can apply for a postal vote.



## Voting by post

This section explains **how to apply to vote by post.**

If you would like to vote by post, instead of going along to a polling station on election day you need to get in touch with your local electoral services team at your local authority and say you would like to vote by post.



You will be sent a form to fill in and post back to the local authority.

If you don't know how to get in touch with your local electoral services team you can type in the postcode of your address on the Electoral Commission website and it will give you the name, address and telephone number of who to talk to at your council



**[www.electoralcommission.org.uk/i-am-a/voter](http://www.electoralcommission.org.uk/i-am-a/voter)**

If you live in Great Britain you will need to register **by 5pm on 26 November.**

If you live in Northern Ireland you need to register by **5pm on 21 November.**

You will need to contact the Electoral Office for Northern Ireland.

You can contact them and find the application form at **[www.eoni.org.uk/home](http://www.eoni.org.uk/home).**

You can also contact EONI on **0800 4320 712.**

Contact information  
email: **[campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)**  
telephone: **0207 696 6009**



## Completing the postal vote application

Once your application form has arrived in the post you need to fill it in.

### About you

First, fill out the About you section.

Write your full name.



There are boxes to write your phone number or your email in but you don't have to fill them in if you don't want to. They are just there to help the electoral services team get in touch with you if they need to.

### Address

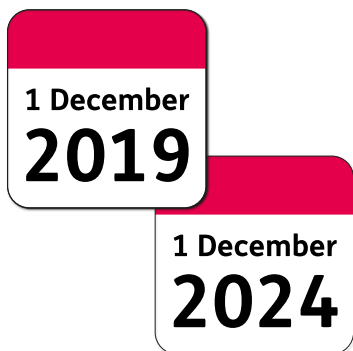
Next, fill out the Address section. You will need to write the address where you live.

### How long do you want a postal vote for?

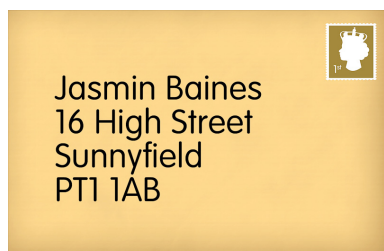
Fill out the 'How long do you want a postal vote for?' section.

You will need to say for how long you would like to vote by post.

If you would like to vote by post at all elections you should tick the box "until further notice." That means you will be sent a postal vote for all elections unless you contact the electoral services team to say you would like to stop voting by post.



If you would rather just vote by post for one election, you should add the date for that election. Or you can pick a period of time to have postal votes. For example from 01/12/2019 to 01/12/2024.



## Address for postal ballot paper

Next, fill out the 'Address for postal ballot paper' section.

Write the address you would like your postal ballot paper to be sent to. This is usually your home address but if you are going to be away for example on holiday you can add the address where you will be staying.



## Declaration

Finally, fill out the 'Your date of birth and declaration'. Write your date of birth and sign in the box. If you can't sign get in touch with your local electoral services team and they can help.

Then post your form to the address provided.

If you can't post the form back yourself, either give it to somebody you know and trust to post it for you, or ring your local electoral services team to see if they can collect it from you.

If you live in Northern Ireland the application form is different. You may want to ask someone to help you complete the form.



## What happens next

Before the election, you will receive a postal ballot pack and a ballot paper that shows you who you can vote for.

The postal ballot pack will tell you where you should post the paper.



If you live in England, Scotland or Wales you can also take your postal ballot pack to your local polling station on election day.



## Need help?

You can find out more about voting by post on the Mencap website:

**[www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

If you get stuck or have any questions, you can call the Mencap team on **0207 696 6009**.

Contact information  
email: **campaigns@mencap.org.uk**  
telephone: **0207 696 6009**





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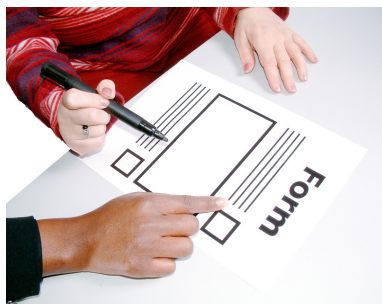
## Voting by proxy

This section explains how you can apply to vote by proxy (this means someone votes on behalf of someone else)

This guide explains **how to apply to vote by proxy**.

Voting by proxy means that you choose someone to vote for you. You can find out more about voting on the Mencap website:

**[www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**



If you live in England, Wales or Scotland you should call your local electoral services team to say you would like to vote by proxy.

You will be sent a form called 'Application to vote by proxy due to disability'. The form will be very similar to the electoral registration form.

If you live in Northern Ireland you can find the application form at **<http://www.eoni.org.uk/Vote/Voting-by-post-or-proxy>**.

You can also contact the Electoral Office for Northern Ireland on **0800 4320 712**

If you live in Northern Ireland the application form is different. You may want to ask someone to help you complete the form.

**December**

**4**

The deadline to register for a proxy vote in Great Britain is **5pm 4th December**.

If you live in Northern Ireland the deadline to register for a proxy vote is **5pm 21st November**.

Contact information  
email: **[campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)**  
telephone: **0207 696 6009**

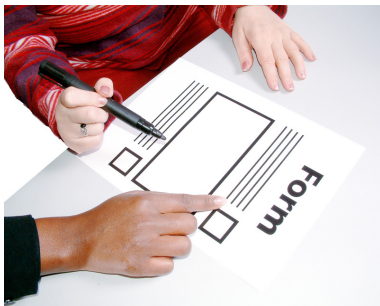


## Now fill in the following sections

### About you

First, fill out the 'About you' section. You do not have to write your telephone number or your email address if you do not want to.

You will need to write the address where you are registered to vote.



### About your proxy

Next, fill out the details of the person you have chosen as your proxy.

### How long do you want a proxy vote for?

Next, fill out the 'How long do you want a proxy vote for' section.

You will need to say for how long you would like to vote by proxy.

You can choose to apply to vote by proxy until further notice. This means you will vote by proxy until you say that you don't want to vote by proxy anymore.



You can choose to apply to vote by proxy for a certain length of time. For example, you could say you only want to vote by proxy between 2019 and 2023.

You can vote by proxy for a specific election. You will need to give the date of the election.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009



## Why do you want a proxy vote?

If you would like to vote by proxy for all elections in the future you will need to request a permanent proxy application form from the electoral services team at your local authority. On the form you will be asked why you would like a proxy vote.

You can vote by proxy for many reasons:

- You are registered blind
- You get the higher rate of the mobility component of the personal independence payment
- You need to work away from home
- You can also explain why you think you should have a proxy vote.

You may also need someone to support your explanation.

The following people can support your application:

- A doctor, dentist, pharmacist or nurse
- A social worker
- A manager of a residential care home.



If you would like a proxy vote for just one election then you do not need someone like a doctor or a nurse to support your application, you just need to give the reason why you cannot get to the polling station on election day.



## **Need help?**

You can find out more about voting by proxy on the Mencap website:

**[www.mencap.org.uk/get-involved/  
campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

If you get stuck or have any questions, you can call the Mencap team on **0207 696 6009**.

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## Voting at a polling station

This section explains how you vote at a polling station

This section explains **how to vote at a polling station.**

You can find out more about voting on the Mencap website:

**[www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

When you have registered to vote, you can vote in person at a polling station.

Before an election, you will be sent a poll card.

This card will tell you where your nearest polling station is to where you live and where you need to go to vote.



Polling stations are often in churches, community centres and schools. However they can be in all sorts of places.



Polling stations are open from **7am to 10pm.**

It can be useful to take your poll card with you when you go to vote.

When you arrive at a polling station, you will be asked to give your name and address.



Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**

If you live in Northern Ireland you need to take a correct form of photo ID with you to the polling station. This can be:

- a UK, Irish or European driving licence
- a UK or Irish passport
- Electoral Identity card
- a Translink 60+ or Senior smart pass.

Your ID does not need to be current. This means that even if it is out of date you can still use it to vote.

No other forms of photo ID can be accepted at the polling station.

If you are unsure what to do when you get to the polling station, ask the staff at the polling station – they are there to help you.

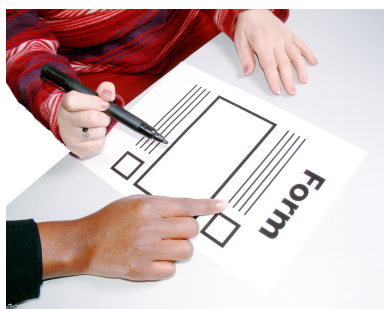
You can also ask someone to come along to the polling station with you to help you. For example, a family member who is over 18 or a support worker who can also vote in the same election as you are. **They can also help you fill in your ballot paper.**

If you don't have anyone with you and you need help filling in your ballot paper the Presiding Officer can help you. The Presiding Officer is the person in charge at the polling station.

Everyone who is registered to vote has the right to vote.







At the polling station you will be given one **ballot paper**. This is a piece of paper with all the names of the candidates on it. You mark the ballot paper by putting an 'X' next to the name of the person you would like to represent you.



You can find out more about voting at the polling station on the Mencap website:

**[www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)**

If you get stuck registering to vote or need help understanding voting, you can call the Mencap team on **0207 696 6009**.

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## Important dates

This section tells you the important dates you need to remember for the General Election in December 2019

## Important dates for the local elections

You might want to put some of these important dates in your diary or your calendar.



### Election Day

Election day for the local elections in England in 2019 is **Thursday 12 December**. You can vote in your polling station between 7am and 10pm.



### Register to vote deadline

If you want to vote in the local election, the deadline for registering to vote is **midnight on Tuesday 26 November 2019**.



### Postal vote application deadline

If you would like to vote by post, you must send in your application by **5pm, Tuesday 26 November 2019**.



### Proxy vote application deadline

If you would like to vote by proxy, you must send in your application by **5pm, Wednesday 4 December 2019**.

# 7

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## Terms we use in this guide

This section explains specific useful words, like councillor, ballot box, polling station etc. which you will come across in this guide



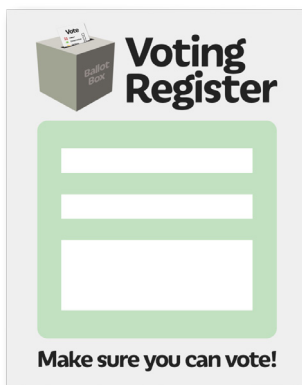
## Political Parties

A **political party** is a group of people who think the country should be run in a certain way.

**Politicians** are usually in political parties. There are also candidates that are independent from political parties.

## Member of Parliament

Members of Parliament (MPs) are politicians who are elected to represent your area at the Houses of Parliament. They help make decisions that affect the whole country.



## Electoral Register

The electoral register is the list of everyone that is allowed to **vote** in **elections**. You need to be on the electoral register to be able to vote.

## Voting

**Voting** means that you and other people choose who represents you on a **council** or in **parliament**. In politics, voting happens during an **election**. Voting is very important. It is one of the best ways to get your voice heard by some of the most important people in the country.

## Polling station

A **polling station** is a place where you go to **vote**. Polling stations are often at churches, community centres and schools however they can be in all sorts of places. You will be told where your polling station is on your poll card.



## Presiding Officer

The Presiding Officer is the person in charge of a polling station on election day. They are there to make sure the election goes smoothly and they are also there to help if you have a question or would like someone to support you when you vote.

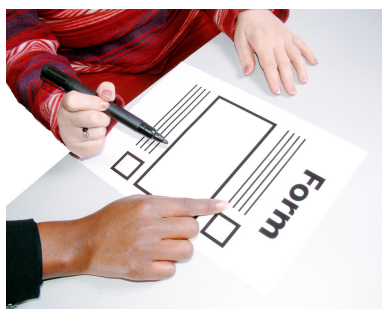


## Ballot Box

The **ballot box** is where you put your ballot paper when you vote at a polling station. It is a big box used to keep all the votes safe until they are ready to be counted.

## UK General Election

A General Election decides which political party or parties will govern the country. The political party that has the most MPs elected usually wins the election. They will usually become the government.



## Ballot paper

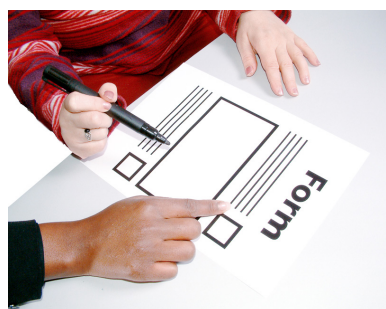
Everyone who votes is given one **ballot paper**. This is a piece of paper with all the names of the candidates on it. You mark the ballot paper by putting an 'X' next to the name of the person you would like to represent you. For the local elections you may have more than one councillor representing your area and so you may be able to vote for more than one person. If you are voting in a polling station, you then put your ballot paper into the ballot box.

After voting has closed all the ballot papers are counted and the winners are declared.



## Postal vote

A postal vote is when someone is sent their ballot paper in the post and they fill it in and post it back. This means they don't vote at the polling station on polling day.



## Proxy vote

Voting by proxy means choosing someone else to vote for you. You need to fill in a form to choose who will vote for you. This person can visit a polling station or apply for a postal vote in order to vote on your behalf.

# Notes

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Contact information  
email: **campaigns@mencap.org.uk**  
telephone: **0207 696 6009**





# The Electoral Commission

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telephone: **0207 696 6009**